

# BETWEEN-US

VOL. 30 ISSUE 9

SEPTEMBER 2022

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September 1952

## Getting in Step With the Steps

By: D. K. | San Francisco, California

IN Appendix II, PP 4, Line 3 of the Big Book we read:

"Most of our experiences are what the psychologist William James calls the "educational variety" because they develop slowly over a period of time."

That's "I'm."

A little more than three years were required to get down to cases on Steps Four, Five, Eight and Nine. Let's have a look:

Step Four. The list of character defects reads like a thesaurus with every part of speech except adjectives bearing a connotation of opprobrium omitted.

Step Five. The first two parts have been relatively easy but when it comes to the third, these questions always pop up: "Whoinhell wants to listen to all my shortcomings? Do I have to relate about all the watermelons I stole as a kid? How about some other forbidden fruits that were filched along the way?" Frankly, it is going to take a little time to reach a decision as how best to go about selecting someone on whom to inflict my confession and just what shall be confessed.

Step Eight. A list has been made with space left open for additions.

Step Nine. One of the amends-making experiences had a humorous side. After several starts and backings-away, enough courage finally was mustered to walk into the boss's office. The following ensued:

"Got a couple of minutes, chief?"

"Sure, sit down." (*Business of handing him a folder with the 12 Steps printed thereon.*)

"Read numbers Eight and Nine on there and I'll tell you why I'm here." He read them and looked at me with a "Whatthehelldoesthisscrewballhaveonhismindnow" expression on his face.

"Well, I'm here to offer verbal apologies for all past depreations, and. . ." He cut in short:

(*Shortcomings Continued on page 2*)

September 1952

## Short Takes

- Personally I prefer the sunshine of AA to the moonshine of the barroom.
- "The sole purpose of AA is to help the alcoholic who wants to stop drinking!" So there is just one simple question to ask ourselves when any matter comes up for majority-decision, For or Against: Will it help or will it hinder the alcoholic who wants to stop drinking?
- What a wonderful feeling it now is to get up in the morning, open my wardrobe, look at my two suits, and only need to decide which one to wear instead of which one to hock.
- In this AA business it seems to me that it is not so much "keeping my nose clean" but keeping my mind clean.

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*(Shortcomings Continued from page 1)*

"That's all water over the wheel. . .there's been a helluva change in you. . .you've done a swell job and we all recognize it. . ." I cut in short.

"I didn't have a damn thing to do with it, it was. . ."

"Well, let's say it has been done."

"Okeh, and I'm mighty grateful for all your patience and kindness." He roared:

*"You're grateful? Hell, I'm the guy to be grateful. Thank God we can live with you around here again."*

As anyone can gather, the job wasn't nearly as tough as anticipated. Undoubtedly when I finally get around to the third part of Step Five, it will prove just as simple. Until that time comes,

however, I plan to continue to heed the admonition, "Easy does it" and not to crowd things. Lord knows, I didn't get into the shape I was in when I came to AA in five minutes and it is going to take a whale of a lot of five-minute periods to rid my stubborn self of the armor of resentment, selfishness, self-pity, fear, et al, et us, ad infinitum.

There comes to mind the lines:

"Though the mills of God grind slowly, yet they grind exceeding small. . ."To which my wife adds:

"And considering the stuff they have to grind, it's a wonder they grind at all."

Again, that's "I'm."

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September 1952

## I Walked Alone

By: H. N. M. | Sedalia, Missouri

A wife finds hope and comfort in experience shared

I SHOULD like to paraphrase a well-known radio program and a much-heard popular song, "I Walk Alone." I would like to change it to "I Walked Alone." In those few words, you can express your attitude toward life, your position in society. The words speak volumes. I can just hear someone saying, "I know just what you mean."

Figuratively speaking, the wife of an alcoholic does walk alone. You walk alone because you do not have a friend close enough with whom you can discuss your problem. You do not have a relative near enough to whom you can tell your troubles. There is no one who can appreciate why you keep on hoping that some day some miracle will bring an end to your husband's addiction to alcohol. You are criticized and ridiculed for staying with him. You are advised by some to take your children and leave. . .that there is no hope for anyone like him. Your hope and faith in and consideration for the one whom you love is sneered and laughed at by friends and relatives alike.

Then as if in answer to your prayers, some member, a friend, or possibly a relative tells you of AA. In your skeptical mind, you think it is worth a try. We have tried everything else, ignoring, fussing and every other method. Why not try this one?

Maybe at first he does not get on the program. Maybe there is a slip. Then you are about ready to give up hope entirely. You feel that if AA cannot help nothing can. Gradually he begins to improve physically and mentally. One month, two, and soon a year has passed. You feel like a load has been lifted from your shoulders. In the meantime, you yourself have begun to attend AA meetings, and you meet and talk with other AA wives. You no longer walk alone, for here you meet women who have experienced the same troubles and difficulties. In conversations with other wives, you may begin to tell some

particular phase of the program that is bothering you. Most of the time, some other wife will tell of the solution she has worked out to the same difficulty in her life.

At the meetings there is a spirit of camaraderie with the other wives. There is a feeling of friendliness that you find in no other social or fraternal group, church organization or family circle. When my husband and I came to the meetings, we were strangers to everyone except Earl and Marie. We were received with a sincere friendliness by the other members. From the experiences given by others, we gained pointers on how to formulate our own program. By conversation with other wives, I found out that my experience had been mild. I respect and honor the wives who have remained by their husbands ten, 20 and 30 years. I will be honest, I don't believe I could have lasted that long. Even my husband says that. Of all the things at the meetings that have impressed me, I believe the sincerity with which the Lord's Prayer is said, is the high point. Here I feel that it is actually prayed, not just repeated.

Since I am not an alcoholic, I cannot offer any suggestions or advice to alcoholics, since I have not experienced the fight they are up against. But I can offer a few words of advice to the wives; and if it is of any help to the alcoholic members, I am happy to offer it. In looking back over the past 12 years I have come to these conclusions:

First, observe your husband's disposition and character make-up closely. I had such an opportunity to do that with my husband before we were married. I saw what criticism and nagging did in regard to his drinking. About the only result I ever noticed was the purchase of another bottle. If you, like me, discover by your observation that criticism only aggravates the situation, then try silence. When we were married, I resolved that I would not say anything about any over-indulgences in alcoholic beverages. I know that someone is saying that that is easier said than done. I know that from experience. I have used every method to do so from biting the inside of my mouth to leaving the room, or going out and throwing something. Tears, I reserved for a relief valve when the going got too rough. But in all that time never once did I

*(Walk Continued on page 3)*

*(Walk Continued from page 2)*

ask my husband to quit drinking.

From that close observation of my husband's actions, particularly when drinking, I could see that down in his own heart and mind, he knew that he had done wrong. My telling him that he had could not alleviate the situation, only intensify the guilt. It is human nature to expect criticism when we have done wrong. The loudest verbal tirade, the worst criticism and about the hardest whipping one can get on just such an occasion is receiving no criticism, silence, or a pleasant reception.

At the time I did not know, nor did I realize until the last few months that this silence, this casual reception, and the confidence that eventually he would quit drinking was building up in him the desire to quit. Seemingly, I took it for granted and always confident that eventually he would quit. Earl is his sponsor so far as AA is concerned, and I would not detract any credit from all the good he had done to help him, but I have good reason to believe that I was the inspiration toward the desire to quit. Please do not think that I am trying to paint myself as an angel or saint, because on many occasions I felt far from either. But I can honestly say that on only two occasions did I ever lose that ability to say nothing. I found out a few months ago that my husband did not remember either explosion.

The second observation is to have confidence in your husband's ability to recover.

If he does have a slip, offer encouragement to try again. For the first three months, it was not easy going for him. I began to get disgusted. I was skeptical over the effect that AA was having. Finally I took a personal inventory. I knew from experience that my husband had been able to keep morally straight and true because of the unwavering confidence that I have always had in him. I finally decided to use the same method in regard to his drink. At first it was terribly hard to keep that confidence going, especially when I would come home from Work and notice that during the morning or afternoon a visit had been made to the liquor store. But finally I could note a gradual improvement. The length of time between drinks became longer, his resistance became stronger until finally on August 13, 1951, he stopped entirely.

I have never asked what brought it about, whether there was something said here, something that I had done or said, whatever it was, it is immaterial now, just so long as it has happened. Since that time despite offers from friends or relatives, he has been able to remain sober.

The third conclusion is to take a personal inventory.

Since attending meetings, I have often wondered if the wives should not have closed meetings just the same as the alcoholic members of the group. Just because we are not alcoholics does not give us the right or privilege to place ourselves on a pedestal and act as though we were martyrs. Maybe unconsciously and unknowingly we are doing something, making cutting remarks, or something similar that is building up a store of resentment in the husband. I have in mind a couple in which the wife, to the public, is one of the dearest, sweetest little women who has tolerated a drinking husband for over 40 years. After a visit in the home and hearing the needling, satirical little remarks that were tossed in the husband's direction,

not said directly to him, I could see why anyone inclined to drink would be tempted to do so more often.

The wives play such an important part in the recovery of their husbands that I believe they need a program, and literature the same as their husbands. The Big Book devotes an entire chapter to the part that they play in the fight for sobriety. We should learn to offer encouragement, have tolerance and patience. Our husbands are having a difficult enough time fighting alcohol without having to fight us.

We should examine our own personal and moral lives. Is it above reproach? Then there are many little ways in which we can help. . .by keeping fruit juice in the refrigerator, coffee when it is appropriate for the season, cookies or cakes baked for that all-in feeling between meals, by being a good listener, by asking our husband's advice, respecting his opinions, making him feel a necessary member of the family group. When he has one of those jittery nervous spells, suggest a ride or some recreation to take its place. These just a few of the seemingly insignificant ways in which we can help but which can spell either success or failure in the fight for sobriety.

We should watch our own habits. We are prone to criticize our husbands for their lack of will power in drinking. We should examine our own resistance to sweets when on a diet, cokes, etc, how well we keep resolutions, during Lenten periods and other times.

Finally I would like to tell of the benefits derived from the program in our home. Financially, we are in the most serious circumstances we have ever been in since we have been married. But there is the feeling that I am not carrying the load alone. There is a spirit of working together, facing all the problems together and working out their solution together, also the feeling that what little money we do have is not going for liquor. There is a peace and happiness in the home that cannot be bought. There is a clearness of mind, better disposition. The children are not in fear of punishment for minor infractions of discipline. The relations between the children and parents are better.

Personally I have gained the ability to take one day at a time. By nature I am a worrying type of person. I used to worry about tasks to be done in the future. Consequently, I worried myself until I lost confidence in myself to do any type of work in the office. Now, I have made up my mind, that I will do all that I can do and do well in one day, go home and forget about my work. I do not worry a week ahead of time over what will happen. Consequently, my disposition and health are improved, and it is a pleasure to work.

Then there is the feeling of satisfaction as the result of a task well done. Also although he will never be able to take a drink again, there is the joy that it has been arrested, and can be kept at that point by constant vigilance. Lastly, I would like to express my appreciation for all help that so many AAs have given my husband by words or by actions. They have assisted him in his fight to regain a life of sobriety. Saying thank you is a mild expression of my feelings, but it is all that I can, say, and I want all AAs to know that it comes from the depths of my heart.

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September 1952

## A Traveler in AA

By: Anonymous | Lynchburg, Virginia

IT is probably no more difficult an endeavour to learn and to put into practice, AA principles while traveling than it is while living at home; but, the procedure, the detailed process must, necessarily, be different.

Since the main objective of each AA (that is, of course, only my own opinion) is to effect a complete change in his mental, spiritual and physical approach to life. . .the early days are difficult and help is often needed. A man living and working in one city can call on the same friend, the same sponsor, when he is puzzled and struggling to find his way. The traveler cannot do so. He may be a thousand miles from his closest AA friend when his darkest hour comes, and no man knows when it may come. No man knows when that feeling may come over him that says: "This isn't fair. I don't deserve it. It is not my fault. . .for weeks. . .and months. . . I have been honestly living AA and now. . . ."

From somewhere deep inside us all the demons of depression, self-pity and resentment close in; as they closed in on me. I felt trapped, defeated, helpless and hopeless.

But, the traveler must find strength within himself; and, if in most desperate need must call on "fellow sufferers" for strength.

That strength I have found to be available from strangers, who are yet, not strangers, because they are members with me in the fellowship of AA.

I am a periodic alcoholic and therefore I realized, full well, that the first serious threat to my sobriety would come, in all probability, some weeks or months after I had begun to climb the AA steps of recovery. I knew that the exact time or nature of its coming was unpredictable. Hence I decided that I must steep myself in AA literature; to strengthen my inner being; and that I must constantly, as I traveled, seek out AA groups and their meeting places. Being forewarned by a knowledge of the nature of my disease, I wanted to be forearmed, for the crisis that I felt must inevitably arise. My own strength in the past, before AA, had been insufficient; but then I was fighting "lonely and alone." Now, if I could but remember it, I had "brothers" everywhere.

The crisis came when I had enjoyed six months of sobriety. It came late at night. I struggled that night. . .with myself. . .with the Big Book beside me to help me. I was, of course, miles from home, in a hotel room. . .and had only to phone to have a quart beside me, and, inside me. Somehow I got through that night, I had the AA directory, too. That helped very much. . .*I knew I could call someone.* . . I had phone numbers. . . AA numbers.

The next night I went to a big open meeting. It seemed I drew strength from the presence of my fellows. A stranger. . . I was asked to stand and present myself. I did so, stating simply: "My name is. . . I am an alcoholic from. . . I am happy to be with you."

For three days I drove myself to keep busy. For three nights I gained courage from the meetings. The self-pitying and tortured depression eased. . .but did not pass.

The fourth day I had to make a long drive; to move on to my next city. As I drove, alone in my car, the sense of depression, of loneliness, helplessness and defeat. . .steadily increased. The thought of escape through alcohol returned with all its compulsive force. I am almost certain that if I had had a bottle in the car, I would have lost my sobriety, I even circled a liquor store, but, being unable to park, considered it an omen; and drove on.

I reached my destination about 6:30 P.M., and, as soon as I was settled in my room, got out my directory, found that there was a club within two blocks of the hotel and phoned. A little while later I was sitting face to face with the man who answered the phone. We talked, drank coffee and, in his company, in his car, we drove to a suburban meeting. Even before we reached the meeting place my depression, had left me. In speaking, as I was invited to do that night, I talked about my 'crisis;' my thankfulness to be with my fellows and my feeling of gratitude for release from the lonely, self-pitying and resentful torture of the past days.

As a traveler in AA I find it difficult to work with other alcoholics. I cannot be a sponsor because my business takes me away before I can fairly help another alcoholic to his feet. I can get him started, but I am not at home when he most needs me.

If I would advance in AA I realize that I must "carry the message." I must pass on to others the help I had received. I must share my experience. I found that in small groups and, particularly in smaller cities, a different voice, a different approach, was welcomed. So I resolved that, though I would never seek to be a speaker, I would never refuse to speak if asked.

Through this practice I have come to have AA friends in many cities. Friends I look forward to being with each time I visit their city; who, I am coming to feel, in turn look forward to my visits. So, although I cannot have what must be one of the most wonderful experiences of AA . . .watching and helping the sick alcoholic the whole way to recovery. . . I have found a medium, as a traveler, for, perhaps, helping many alcoholics a little way along their road to recovery. In talking, individually and as a speaker, in a dozen cities, in an effort to help others, I am helping, also, to maintain my own sobriety.

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September 1952

## I Was a Sissy-drinker

By: M. M. | Philadelphia, Pennsylvania

What'll you have? Beer or Sneaky Pete? But it's all the same if YOU admit it!

THE purpose of this is to offer a word of hope to the guy or gal who may feel they don't "belong" to AA. I know what it's like for I have had the same feeling myself.

Many times the stories we hear in AA are about the two-fisted drinker, the guy who drank a fifth or two a day, the guy who had to have a pint anchored before he could get started, the guy who felt a binge wasn't a binge unless it lasted at least a week, the guy who could casually mention of having "done time" for drinking, the guy who spent innumerable lengths of time in hospitals or sanitariums, the guy who wound up on skid row.

After listening to a few of these boys I began to wonder if I "belonged" in AA. I was a "sissy-drinker;" of all things, a beer drinker. My pattern had become two or three shots and beers and then I would switch to beer for the rest of the night unless the edge was too slow coming, in which case I would help things along with a few more belts.

I had never blacked out; never needed a morning drink; never been arrested (though I should have been); never lost a job through drinking, in fact, I never even went to a doctor, let alone a hospital or sanitarium. I still had my home, my wife and my kids, and a job although things were shaky in the latter categories.

My drinking career was over a period of about ten years. The average guy when I came to AA had 20 years or more of drinking behind him. In fact, my sponsor drank for 35 years and was then sober two years. At that time I was only 33. He had drunk longer than I was on earth. I could very easily have persuaded myself that I had ten or 20 years of drinking coming to me. But I wanted

something when I came to AA and that was the answer to the question I had put to myself, "What's wrong with the way I am drinking?"

I did as was suggested to me in that I keep coming around, keep an open mind and decide for myself if I was an alcoholic or not. Gradually I could see my "story" in the stories of the two-fisted drinker. Where one guy went out for a pack of cigarettes and came back two weeks later, I went out for a couple of hamburgers, to a taproom, of course, fully intending to take them home when they were ready but winding up time after time getting in at five or six the next morning. Never at any time did I continue drinking into the next day; I was strictly a one-night stand guy.

Where another guy was stealing from the company he worked for in order to drink, I did it the safe way, I stole from the wife and kids. The more I came around, the more I could see that I did belong; I, too, was an alcoholic.

By way of illustrating a point, let's say, for example, that I didn't feel right and went to a doctor to see what was wrong and he told me I had a slight case of tuberculosis, but go out and keep, late hours, drink and carry on and come back when your ailment is a little more advanced. Such advice would make no sense whatsoever and you would promptly go to another doctor who would tell you since you only had a slight case, with proper rest and care, your illness would soon be arrested. You would follow the second doctor's advice because it was logical and you wanted to get well.

That is how I feel about my case of alcoholism. I was fortunate to come to AA when I did. I not only arrested my disease in its early stages but saved myself untold headaches and misery because I know today that if I had kept on drinking I, too, would have eventually reached the later symptoms of alcoholism and perhaps would not get the chance to do something about it. I am grateful to God for having given me the grace to come to AA and even more grateful that he helped me to see that I "belonged."

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September 1952

## Keep an Eye on the Door

By: F. S. H. | Worcester, Massachusetts

AS far back as I can remember in my association with AA, I have heard it said at meeting after meeting, that the newcomer is the most important person in the AA fellowship. If this is true, and common sense tells me that it is, then I believe it is high time that we did a little constructive organizational work, dedicated to that principle.

A short time ago, my wife and I were spending a few days in a city of nearly a million inhabitants, about 600 miles from home. We found that there was to be a meeting of an AA group in the vestry of a magnificent church a few blocks from where we were staying, so we set out to find it. Being strangers, and not accustomed to the traffic regulations, we were a little late in arriving, and walked in full view of the assembled 30 or so members.

It was a good meeting, with excellent speakers, but when it was over the members broke up into little groups, chatting together either completely unconscious or completely indifferent to the fact that there were a couple of strangers present. After standing

around five minutes or so, I walked over to the chairman of the meeting, stuck out my hand and said, "I'm so-and-so from Worcester, Massachusetts." "Nice to see you," he replied, giving me a limp fin: then promptly turned his back to talk with someone else.

Don't get me wrong. I wasn't looking for a red carpet and a brass band. The point I'd like to make is. . . that for all anyone there knew. . . I might have been a drunk who was looking for help for the first time. Even the chairman didn't try to find out why I was there. Looking back at my own advent, I find myself pretty sure that had I received that kind of reception when I was a newcomer, my sobriety would have been very considerably delayed!

Would it not be a good idea for *every group* to have a rotating "hospitality committee" whose duty it would be to watch for new faces at every meeting, and see to it that strangers *were* welcomed? Most of us who have been through this rat-race have had enough of feeling unwanted *outside* of AA. We desperately needed to feel wanted and welcome. Let's not get so involved in sociability *among ourselves* that we can't keep at least one eye on the door!

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### 3 Bucks In The Basket... Make it a Reality, not just a dream!



“Every AA group ought to be fully self-supporting, declining outside contributions.” Tradition Seven, Twelve Steps and Twelve Traditions,

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[Seventh Tradition Checklist](#)

Use **VENMO** on your smartphone to contribute.

Or Contribute using **PayPal** or your **Credit Card** from our website.



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### MILW. CENTRAL OFFICE

• E-mail us at:

[dan@aamilwaukee.com](mailto:dan@aamilwaukee.com)

Hours:

M - F 9 a.m. to 4:30 p.m.

Sat. 9 a.m. - 12 p.m.

• Board of Directors Meeting, in-person.

Wednesday following 2<sup>nd</sup> Tuesday (odd months) 6:30 p.

• A. A. Meetings, Sun. at 9 a., Mon.- Fri. at 12:15 p., Sat. 9:15 a., & 10:30 a.

• Dist. 14 monthly meeting, 4th Wed. at 7 p.m.

• Dist. 16, 1st Wed. at 6 p.m.

#### Spanish Speaking Meetings:

#### Meeting at English Speaking Clubs

- Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.
- GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM
- GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

#### SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

#### Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

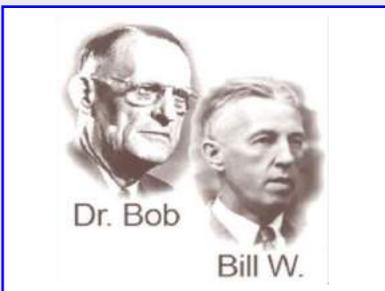
Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution?

Use our CONTRIBUTE button on our website: [aamilwaukee.com](http://aamilwaukee.com) or use our your VENMO app from your smartphone.



Dr. Bob

Bill W.

**Redemptorist Retreat Center**, 1800 N Timber Trail Lane, Oconomowoc, WI 53066, (262) 567-6900 Email: [rrc@redemptoristretreat.org](mailto:rrc@redemptoristretreat.org) Please call for information and schedule of retreats for recovering people. AA and Al-Anon, \$250 three nights. We discuss the 12 steps and related topics.

#### 2022 Weekend Retreats Jesuit Retreat House,

4800 Fahrwald Rd. Oshkosh, WI 54901, call 800-962-7330

[jesuitretreathouse.org](http://jesuitretreathouse.org)

#### Men and Women in AA, Al-Anon

Total cost: 4 days \$390.00. Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

The **Southern Wisconsin Deaf Access Committee** needs to rotate its members. We are searching for two AA members to act as Co-Chairs, a treasure, and a liaison person to work with Members of AA Deaf community. They can email SWDAC at: [milwareadeafaccess@gmail.com](mailto:milwareadeafaccess@gmail.com)

#### Southern Wisconsin Deaf Access Committee (SWDAC) 2022

Beginning Balance:	\$
Contributions:	\$
Interpreter:	\$
Misc. Expenses:	\$
Ending Balance:	\$

The cost for an interpreter is \$50 for a zoom meeting and \$80 for an in-person meeting. Contact Kath W. with questions: [brylerandme@gmail.com](mailto:brylerandme@gmail.com)  
VENMO Contributions: [www.venmo.com/SWDAC](http://www.venmo.com/SWDAC)

#### Meeting Space Currently Available

- **Luther Memorial Church**, 2840 S 84th St. West Allis WI. Contact by email: [prviviane28@outlook.com](mailto:prviviane28@outlook.com)
- **St Peter's Episcopal Church**, 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: [christumc1@sbcglobal.net](mailto:christumc1@sbcglobal.net)
- **Anchor Covenant Church** 1229 Park Row, Lake Geneva WI 53147, contact Laura, [office@anchorcovenant.org](mailto:office@anchorcovenant.org)

# DISTRICT MEETINGS

COMPLETE DISTRICT INFORMATION ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. JACKSON, LaCROSSE, MONROE, VERNON, & TREMPLEAU; 2 & 18 GREEN LAKE & MARQUETTE CNTY'S & PART OF WAUSHARA; 7. KENOSHA, 17. RACINE CNTY ; 8 & 30 ROCK ; 9. CRAWFORD, GRANT, IOWA and LAFAYETTE; 19 & 37. RICHLAND & SAUK; 20, 21 & 26 DANE; 31. COLUMBIA CNTY; 35. GREEN; 37. JUNEAU CNTY'S .

(Check the web address above for meeting info.)

- 3. **MANITOWOC & SHEBOYGAN CNTY'S:** 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc
- 6. **WALWORTH CNTY:** 2nd Tue. 7:30 p. even numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan
- 10. **Spanish District.** Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.
- 11. **JEFFERSON CNTY:** Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills,
- 12. **WASHINGTON CNTY:** 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037
- 13. **WAUKESHA CNTY:** 1st Sun. of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha
- 14. **MILWAUKEE CNTY:** 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214
- 16. **MILWAUKEE CNTY:** 1st Wed. of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI
- 23. **DODGE CNTY:** Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142
- 24. **OZAUKEE CNTY:** 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.
- 25. **FOND du LAC CNTY:** 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.
- 27. **MILWAUKEE CNTY:** 3rd Wednesday of month, 7:00 P.M. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222
- 28. **MILWAUKEE CNTY:** 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.
- 29. **MILWAUKEE CNTY:** 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227
- 32. & 33 **WAUKESHA CNTY:** 4th Tuesday of month, 6:30 p, Meeting ID: [881 8331 2739](https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09), Passcode: [071956](https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09)
- 34. **WAUKESHA CNTY:** 1st Tue. of month, 6:30 p, Northwest Alano Club, N88W17658 Christman Rd., Menomonee Falls. Join online at: <https://us02web.zoom.us/j/6870109941?pwd=YVI4SVQzU3FaSE1rc3dzVmtxdFM4QT09>
- 36. **RACINE/KENOSHA:** (1 of 2) 2nd Tues. month 6:00 p.m., 12 & 12 Club, 724 N Pine St., Burlington
- 38. **MILWAUKEE CNTY:** Last Sunday of month 4:00 p.m. All Saint Cathedral, 818 E Juneau Ave.

**SEND ADDITIONS AND CORRECTIONS TO:**

7429 W. Greenfield Ave, West Allis, WI 53214, [dan@aamilwaukee.com](mailto:dan@aamilwaukee.com)

## ADDRESSES FOR YOUR INFORMATION

- Milwaukee Central Office:** 7429 W Greenfield Ave, West Allis, WI 53214 [gmc@amilwaukee.com](mailto:gmc@amilwaukee.com)
- **Area 75 Treasurer:** PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
- **General Service Office:** G.S.O, P O Box 459, Grand Central Station, New York, N.Y. 10163
- Area 75 **Corrections**, or **Bridging the Gap** or **Treatment** write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
- **Southern Wisconsin Deaf Access Committee** : Email: [milwaredaefacess@gmail.com](mailto:milwaredaefacess@gmail.com); Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

# CORRECTIONAL INSTITUTIONS

**In-person meetings have started back up in the Area corrections facilities. Contact Michelle, Area Corrections Chair by email; [corrections@area75.org](mailto:corrections@area75.org).**

**TAYCHEEDAH CORRECTIONAL**, Gloria K. (920) 921-2395 for info.

**OAK HILL AA GROUP**, OAK HILL WCI 5212 Hwy M, P.O. Box 140 Oregon, WI 53575 Contact Michelle at [corrections@area75.org](mailto:corrections@area75.org) for times and information

**WAUPUN CORRECTIONAL INSTITUTION AA Meeting** Contact Michelle at [corrections@area75.org](mailto:corrections@area75.org) for times and information

**Milwaukee Women's Correctional Ctr.** 615 W Keefe Ave. Milwaukee. Contact Michelle at [corrections@area75.org](mailto:corrections@area75.org) for times and information

**FOX LAKE CORRECTIONAL**, Box #147, Fox Lake, WI 53933 Contact Michelle at [corrections@area75.org](mailto:corrections@area75.org) for times and information

**RACINE CORRECTIONAL INSTITUTION for MEN Mtngs:** Contact Michelle at [corrections@area75.org](mailto:corrections@area75.org) for times and information

**FEDERAL CORRECTIONAL INSTITUTION**, P.O. Box 1085 Oxford, No Meeting!

**FEDERAL CORRECTIONAL Satellite Camp**, New Path Group, P. O. Box 1085 Oxford, WI. Meetings Wed. at 1:30 p.m.

**THOMPSON FARM**, RT. 2 DEERFIELD, WI., Closed meeting Tuesday at 8:00 p.m. Contact: Tom Dickert, (608)764-5755

**ROBERT ELLSWORTH CORRECTIONAL**, 21425A Spring St., Union Grove, 53182 Call for AA Meeting times: Contact Jennifer H. 262) 237-1294 or Cheryl P. (262) 914-3970.

**KETTLE MORAIN CORR.**, Box 31, W9071 Forrest Dr., Plymouth, AA Thr. at 6:00 p.m. Contact Mike L (920) 898-4782.

**MILWAUKEE COUNTY HOUSE OF CORRECTION**, 8885 S. 68th St. Franklin WI.

**MILWAUKEE COUNTY JAIL** 9th & State Milwaukee WI.

**MILWAUKEE SECURE DETENTION**, 1015 N. 10th St. Milwaukee

**JEFFERSON COUNTY JAIL** 411 S. Center St., Jefferson, WI, MTng. held on Mon. at 7:00 p.m., Contact: Scott N. 920-397-0170

**MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON** at 1:00 p.m. on the 3rd Sunday on odd numbered months, at Greater Milwaukee Central Office, 7429 W Greenfield Ave, West Allis WI 53214. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Kota at email: [mcccordinator@gmail.com](mailto:mcccordinator@gmail.com) with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

## [Area 75, Southern WI, Calendar of Events 2022](#)

All meeting held virtually until further notice

- Zoom Meeting Contact Area Chair: Veronica O. [vodonnell52@gmail.com](mailto:vodonnell52@gmail.com)
- Sun Sep 11th 9:00 A.M. Pre Conference Assembly
- [Fri Nov 4 - 6 2022 Area 75 Conference](#)

# MEETING ROOMS

**NEW DAY CLUB**  
11936 N. Port Washington Rd  
Mequon, (262) 241-4673  
[www.newdayclub.org](http://www.newdayclub.org)  
A.A. MEETING SCHEDULE

Sun. 8:00 a. Topic  
11:00 a. Topic  
5:00 p. Young People  
7:30 p. Topic

Mon. 12:30 p. Tenth Step Gp  
5:30 p. More about Alcoholism  
8:15 p. Men's Gp

Tue. 10:00 a. Topic  
5:30 p. Big Book  
7:00 p. Beginners Gp  
8:00 p. Big Book Gp

Wed. 10:00 a. Topic  
2:00 p. Promises Meeting  
5:30 p. Step Meeting  
7:00 p. Women's Lifeline

Thur. 10:00 a. Topic Meeting  
1:00 p. Women's AA Gp  
5:30 p. Topic Meeting

Fri. 10:00 a. Topic Meeting  
5:30 p. Step/Tradition  
8:00 p.

Sat. 10:00 a. Step Meeting  
5:00 p. Fellowship of Spirit  
7:00 p. Feelings  
10:00 p. Young People  
8:00 p. Open Meeting (held on 3rd Saturday of month only)

AL-ANON MEETINGS  
Monday 6:30 p. Al-Anon  
Tuesday 1:00 p. Al-Anon/ACOA  
Wednesday 7:00 p. ACOA  
Thursday 7:00 p. Al-Anon  
Contact club for information on other fellowships.

**PASS IT ON CLUB**  
6229 W. Forest Home Ave  
Milwaukee WI (414) 541-6923

A.A. MEETING SCHEDULE

Sun. 8:00 a. Sun. Wake Up  
9:30 a. Reliance Meeting  
11:00 a. Today's choice  
3:00 p. Gratitude Plus  
7:00 p. Big Book Readers

Mon. 7:30 a. Jump Start  
10:30 a. First Step  
4:00 p. Happy Hour Step Gp.  
7:00 p. Open Introductory AA

Tue. 7:30 a. Comin' Back Gp  
10:30 a. Keep It Simple  
4:00 p. Drop the Rock  
6:00 p. Key To Sobriety Women's  
7:30 p. Three Legacies  
7:30 p. Double Trouble DD/O  
7:30 a. Big Book Study

Wed. 10:30 a. Pass It On  
4:00 p. Happy Hr Promises  
6:15 p. Courage to Change  
7:00 p. We, Us & Ours

Thur. 7:30 a. Welcome Back Gp  
10:30 a. Made Decision  
5:15 p. As Bill Sees It  
7:00 p. Gateway Topic Gp

Fri. 7:30 a. Honesty Gp  
10:30 a. Came To Believe  
6:00 p. Women's Fri. Kickoff  
6:30 p. Thoughts 4 Today  
8:00 p. Broken Arrow  
8:30 a. Early Bird

Sat. 10:30 a. Happy Joyous Free  
7:00 p. Vajeros Wisconsin lower level  
8:00 p. 5 Concepts upstairs  
8:00 p. Back to Basics 12x12

**LAKE AREA CLUB**  
N60 W 3587 Lake Dr  
Oconomowoc, WI  
(262) 567-9912  
[www.lakeareaclub.com](http://www.lakeareaclub.com)

A.A. MEETING SCHEDULE

Sun. 8:00 a. Early Bird  
9:30 a. Literature Meeting  
11:00 a. Friendship Gp  
6:00 p. Big Book  
8:00 p. Gopher Sunday  
9:00 a. Positive Attitude  
6:30 p. Otter Gp  
8:00 p. Step/Tradition Study

Tue. 1:00 p.  
4:00 p.  
7:00 p. Life House Beginners  
8:00 a.

Wed. 8:00 a.  
10:00 a. Back To Basics  
2:00 p. Women's Meeting  
6:00 p.  
8:00 p.

Thur. 10:00 a.  
4:00 p.  
5:00 p. Woman's Way 12 Steps  
8:00 p. Grapevine Mtng

Fri. 12:30 p.  
4:00 p.  
8:00 p. Old School House  
8:30 a. 11th Step  
10:00 a. Big Book

Sat. 7:00 p. Al-Anon & Alateen

OPEN AA/Al-Anon  
SPEAKER MEETING  
Sat. 7:00 p. 2<sup>nd</sup> & 4<sup>th</sup> Saturdays (AA and/or Al-Anon Speakers)

AL-ANON MEETINGS  
Mon. 7:00 p. Al-Anon  
Tue. 9:00 a. Al-Anon  
Wed. 7:00 p. Al-Anon & Alateen

**WAUKESHA ALANO CLUB**  
318 W. Broadway  
Waukesha, WI, 262-549-6541  
A.A. MEETINGS,  
(V)=Virtual, (IP)=In-person, (V & IP)=Both

Sun. 9:30 a. Sun Morn Sunlight (IP)  
11:00 a. Sun Go-To-Mtng (V & IP)  
Zoom: 868 6375 8565, PW: 135314  
07:00 p. Big Book (IP)

Mon. 12:00 p. (IP)  
6:00 p. Beginners AA (V & IP)  
Zoom: 818 7287 8662, PW: 740572  
7:00 p. (12 & 12) (IP)

Tue. 6:00 a. Open Your Eyes... (IP)  
Zoom: 847 2556 1155, PW: 163037  
Wed. 12:00 p. Wauk Wed Nooners (IP)  
5:30 p. Topic Gp (V & IP)  
Zoom: 818 9650 5286, PW: 677391

Thur. 12:00 p. Nooners (IP)  
Fri. 12:00 p. T.G.I.F. Gp (V & IP)  
Zoom: 839 0454 9230, PW: 830354

Sat. 06:00 a. Early Morning (IP)  
10:00 a. Gp 124 (V & IP)  
Zoom: Contact Sher at 630-432-3585 for access.

OPEN MEETINGS, DANCES & EVENTS  
Call for information.

**GALANO CLUB**

- LGBT & All in Recovery - 7210 W Greenfield Ave, Suite 1, Lower Level Milwaukee, WI 53214, 414-276-6936  
<http://www.galanoclub.org/>  
[galanoclub@gmail.com](mailto:galanoclub@gmail.com)

(V)=Virtual, (IP)=In-person, (V & IP)=Both  
In Person and Phone Meetings Phone/Video AA Meetings, Call (978) 990-5195  
Meeting Id: galano7210  
Code: 1919178#

**Sunday: (V & IP)**  
10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video)  
10:30 a.m. - Al-Anon - Papillion Group. (In-person)

**Monday: (V & IP)**  
7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)

**Tuesday: (V & IP)**  
6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)

**Thursday: (V & IP)**  
7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video

**Friday: (V & IP)**  
10:30 a.m. AA Step & Topic

**Saturday: (V & IP)**  
7:30 p.m. - AA - Big Book & More. (In-person/Phone/video)  
The Galano Club is open one half hour before the scheduled meetings.

**NORTHWEST ALANO CLUB\***  
N88 W17658 Christman Rd  
Menomonee Falls WI  
53051 (No Phone)

A.A. MEETING SCHEDULE  
(V)=Virtual, (IP)=In-person, (V & IP)=Both

Sun. 10:00 a. Big Book Rm 204/205  
7:00 p. Sun Night Gp Rm 205

Mon. 7:00 p. Just Do It Gp

Tue. 10:00 a. Step  
8:00 p. Topic

Wed. 7:00 p. Step/Topic

Thur. 10:00 a. Step  
6:00 p. Women's

Fri. 8:00 p. Step/Topic (V & IP)

Sat. 10:00 a. Sat Serenity Gp  
11:15 a. Code 3 Mtng.  
7:00 p. Simply Sober Gp

AL-ANON MEETINGS  
Wed. 7:00 p. Al-Anon  
Fri. 7:30 p. Al-Anon

\*This Club is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.

**WALWORTH COUNTY ALANO CLUB**  
611 Walworth St.  
(Hwy. 50 & 11)  
Delavan, WI 53115,  
(262) 740-1888

Sunday AA  
10:00 a. Primitive Group  
12:00 p. Open Speakers  
6:30 p. Delavan Discussion

Monday AA  
7:30 a. Sunny Side Up  
12:00 p. Delavan Step Meeting  
6:30 p. Delavan Meeting

Tuesday AA  
7:30 a. Sunny Side Up  
12:00 p. Delavan Noon Gp.  
6:30 p. Delavan 12 Step Topic

Wednesday AA  
7:30 a. Sunny Side Up  
12:00 p. As Bill Sees It Gp.  
6:30 p. Delavan IT Meeting

Thursday AA  
7:30 a. Sunny Side Up  
12:00 p. Delavan Noon Gp.  
6:30 p. Delavan Big Book Gp.

Friday AA  
7:30 a. Sunny Side Up  
12:00 p. Big Book Study  
6:30 p. Delavan Discussion

Saturday AA  
7:30 a. Sunny Side Up  
12:00 p. Delavan Noon Gp.  
6:30 p. Delavan Beginners Gp.

**ALANO CLUB**  
1521 N. Prospect Ave.,  
Milwaukee, WI, 53202  
(414) 278-9102  
<http://www.mkealanoclub.org/>

A.A. MEETING SCHEDULE

Sun. 7:00 a. AA Meeting  
10:00 a. Gp 17 Step

Mon. 7:00 a. Early Morning  
10:30 a. Gp 72 Topic  
12:15 p. Big Book Meeting  
6:30 p. Gp 40 Big Book  
7:30 p. We Agnostics

Tue. 7:00 a. As Bill Sees It,  
10:30 a. Gp 70 Step  
12:15 p. Gp 76  
7:00 p. Beginner's Meeting

Wed. 7:00 a. AA  
10:30 a. Gp 9, Step  
12:15 p. Oasis Topic Gp  
6:00 p. Chicks at Six Gp, women, Child Care available  
7:30 p. We Agnostics

Thur. 7:00 a. Big Book Meeting  
10:30 a. Gp 97, Step  
12:15 p. Here & Now Gp  
7:00 p. AA (LGBT) All Welcome

Fri. 7:00 a. Daily Reflections  
10:30 a. Gp 21, Step  
12:15 p. Gp 65  
6:30 p. Here & Now  
12:15 am. Second Shifters (Sat.)

Sat. 7:00 a. AA Meeting  
11:00 a. Gp 87 Step  
7:30 p. Open AA Speaker Mtng

AL-ANON MEETING  
Sunday 10:00 a. Al-Anon

**H.O.W. TO CLUB**  
8930 W. National Ave,  
West Allis, (414) 543-2448  
<http://howtoclub.info/>  
M, W, F, Sat. 9 a. -11 p,  
Tue Thr 9a. - 9p., Sun 8a to 9p.

Sun. 8:00 a. Eye Opener AA Gp.  
10:00 a. Grass Roots (Steps)  
4:30 p. Drop the Rock 6/7 Step  
6:00 p. Restore Us To Sanity  
8:00 p. Sun. Sober & Serene

Mon. 11:00 a. Winner's Circle  
5:45 p. Gp 132, Women's Gp  
7:00 p. Big Book Gp.  
8:00 p. New Hope Gp.

Tue. 11:00 a. Willingness Group  
6:00 p. Tue Topic 6pm Gp  
8:00 p. New Hope Meeting

Wed. 10:00 a. Foundations Meeting  
6:00 p. AA Beginners Gp.  
7:00 p. Women's Freedom  
8:00 p. Promises Group

Thur. 10:00 a. But For Grace Of God  
6:00 p. Here and Now  
8:00 p. How To Get It Going

Fri. 11:00 a. Priority Group  
6:00 p. Big Book Friday  
8:00 p. R.U.S. For Us  
11:00 p. Candlelight Promises

Sat. 9:15 a. Men's Topic  
11:00 a. Pioneers Group  
3:00 p. Spiritual Growth  
6:00 p. 1st & 12 Topic  
8:00 p. Open Speaker 3rd Sat  
8:00 p. HOW To Saturday

**24 HOUR CLUB**  
153 Green Bay Rd.  
Thiensville, WI  
[Web and Facebook Info](http://www.24hourclub.info/)

A.A. MEETING SCHEDULE

Sun. 6:30 a. Upon Awakening  
8:00 a. 8:00 a. Topic  
10:00 a. Step/Topic  
5:00 p. Step

Mon. 6:30 a. Topic  
~~10:00 a. Topic~~  
8:00 p. Men's

Tue. 6:30 a. Topic  
~~10:00 a. Step/Topic~~  
5:30 p. Big Book

Wed. 6:30 a. Topic  
~~10:00 a. Big Book~~

Thur. 6:30 a. Topic  
~~10:00 a. Topic~~  
5:30 p. Step/Topic/Trad  
8:00 p. Men's 12 & 12

Fri. 6:30 a. Topic  
~~10:00 a. Step/12 & 12~~  
8:00 p. Step

Sat. 6:30 a. Topic  
~~8:30 a. Big Book/Steps~~  
10:00 a. Big Book  
8:00 p. Open Speaker Mtng.  
(1<sup>st</sup> Saturday Only)

## In Person AA Groups Need Your Support

- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m.** Unity Gp, 4600 Pilgrim Rd, Brookfield
- **Tues. 7 p.m.** Gp 43, Friendship Club, 2245 W Fond du Lac Ave Milwaukee WI.
- **Wed. 11am. Gp 10-17**, St Veronica's 353 E Norwich, Milw. 53207
- **Wed. 8:00 p.m.** Helping Hand (No Masks Required), Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI 53213
- **Thur. 12:15 p.m.** Jeanette Burnett Gp, St John's Cathed

- dral Complex, 831 N Van Buren, Milwaukee WI 53202
- **Thurs. 8:00 p.m.** Grateful Gp. St Mark's Episcopal Church, 2618 N Hackett Ave. Milwaukee 53211
- **Thurs. 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave, 53213
- **Fri. at 7 p.m.** First Things First, St Margaret Mary, 3930 N 92nd St. Milw 53222
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw. 53226
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View
- **Sat. 7 p.m.** 12 Step Club 4102 W Townsend St. Milw. WI 53216

# MEETING ROOMS

## UNITY CLUB

1715 Creek Rd  
West Bend, (262) 338-3500  
[unityclub1715@att.net](mailto:unityclub1715@att.net)  
[www.facebook.com](http://www.facebook.com)

### AA MEETING SCHEDULE

Sun. 10:30 a.\* Gratitude Gp.  
8:00 p. Candlelight Gp.  
Mon. 10:00 a. Monday A.M.  
7:00 p. Men's  
7:00 p. Women's  
Tue. 10:00 a. Tuesday A.M.  
7:30 p. Beginner's  
8:00 p. Step Gp  
Wed. 10:00 a. Promises  
1:00 p. Steps/Promises  
5:00 p. Happy Hour Gp In-  
person & Zoom: 332602852, pw:  
123456  
8:15 p. Step Gp  
Thur. 10:00 a. Big Book  
7:00 p. EZ Dozen12x12  
Fri. 10:00 a. Step/Topic Gp  
6:00 p. Big Book  
Sat. 10:00 a. Here & Now  
6:00 p. Big Book Connection

### AL-ANON & ALATEEN MTNGS

Saturday 9:00 a. Al-Anon  
Thursday 7:15 p. Al-Anon

• Open Mtng. 3rd Sunday of month

## FRIENDSHIP CLUB

2245 W. Fond du Lac Ave  
Milwaukee, WI  
(414) 931-7033

Email:

[friendshipinc@sbcglobal.net](mailto:friendshipinc@sbcglobal.net)

### AA MEETING SCHEDULE

Sunday  
10:00 a. Friendship  
11:00 a. Third Sunday  
Open Meeting  
Monday  
10:30 a. Step Gp  
Tuesday  
7:00 p. Gp 43 Big Book  
Saturday  
10:30 a. Gp 112 Step

Call for information  
on other types of  
meetings.

Email:

[friendshipinc@sbcglobal.net](mailto:friendshipinc@sbcglobal.net)

## 12 STEP CLUB

4102 W Townsend St.  
Milwaukee, WI 53216  
(414) 871-0610

### A.A. MEETING SCHEDULE

Wednesday:  
7:00 p. More About Alco-  
holism, Big Book Study

Thursday:  
10:30 a. Group 56

Friday:  
11:00 a. Gp. 61(12x12)

Saturday:  
10:00 a. Beginner's  
7:00 p. 12 Steps Gp

Call the club for information  
on Open Speaker AA  
meetings, meetings for oth-  
er fellowships and for special  
events.

## MILWAUKEE GROUP

933 E Center St, Milw WI 53212.

### A.A. MEETINGS

Sun. 10:00 a. In-person  
8:30 p. In-Person  
Mon. 5:30 p. In-Person  
7:00 p. In-Person  
8:30 p. In-Person  
Tue. 7:00 p. In-Person  
8:30 p. In-Person  
Wed. 5:30 p. Zoom  
<https://zoom.us/j/8974697046> pw:0  
7:00 p. In-Person  
8:30 p. In-Person  
Thur. 7:00 p. In-Person  
8:30 p. In-Person  
Fri. 7:00 p. In-Person  
8:30 p. In-Person  
Sat. 8:30 p. In-Person

### Milwaukee Central Office

7429 W Greenfield  
West Allis WI 414-771-9119

### A.A. MEETINGS

Sun. 9:00 a. Gp 10 Sunday  
Mon. 12:15 p.  
Tue. 12:15 p.  
Wed. 12:15 p.  
Thur. 12:15 p.  
Fri. 12:15 p.  
Sat. 9:15 a. 1st Step  
10:30 a.

**We do not meet on  
major holidays.**

## LIGHTHOUSE ON DEWEY

1220 Dewey Ave.  
Wauwatosa WI  
AA MEETINGS

### Sunday

6:00 p. Jim's First Step  
7:30 p. Gp 78 Great Room

### Monday

7:30 p. Laughs/Leisure

### Tuesday

6:00 p. 11th Step Meditation

7:30 p. Professionals

### Wednesday

7:30 p. Presidents Hall

8:00 p. "RES-IPSA"

### Thursday

7:00 p. Women's AA

7:30 p. Alumni No 12

Friday 7:15 p. Gp 74

Saturday 10:00 a. Gp 59

### All Saint's Cathedral

818 E Juneau Ave. Milw 53202

Sun: 7:00 p.m. Bench Meeting

Mon: 7:30 p.m. #08 Sane & Sober

Tue: 10:30 a.m. Men's Gp.

Wed: 7:30 p.m. Men's Gp.

Fri: 7:30 p.m. Big Book Gp.

Sat: 10:30 a.m. Men's Gp.

## JOIN the BIRTHDAY CLUB!

We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office"

Memo: Birthday Club  
7429 W Greenfield Ave  
West Allis WI 53214



Payment/Contribution: using [VENMO](#) or from  
our website, using [Credit Card](#) or [PayPal](#).

\$ \_\_\_\_\_ enclosed.

I will have \_\_\_\_\_ years on \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Email: \_\_\_\_\_

Home Group: \_\_\_\_\_



\_\_\_\_\_  
Years      Name      Home Group



## Come Join Our Tuesday Nite Impaired Professional AA Meeting

Tuesday nights at 7:30  
Holy Trinity Lutheran Church  
11709 W. Cleveland Ave., Milwaukee



Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person and on Zoom. Meeting ID = 98178765495, Password = 071150.  
**Hope to see you there!!**



## Serenity Group

"The Barn"

Thursdays 7:00-8:00pm

St. Alban 's Church  
W239 N6440 Maple Ave  
Sussex, WI. 53089

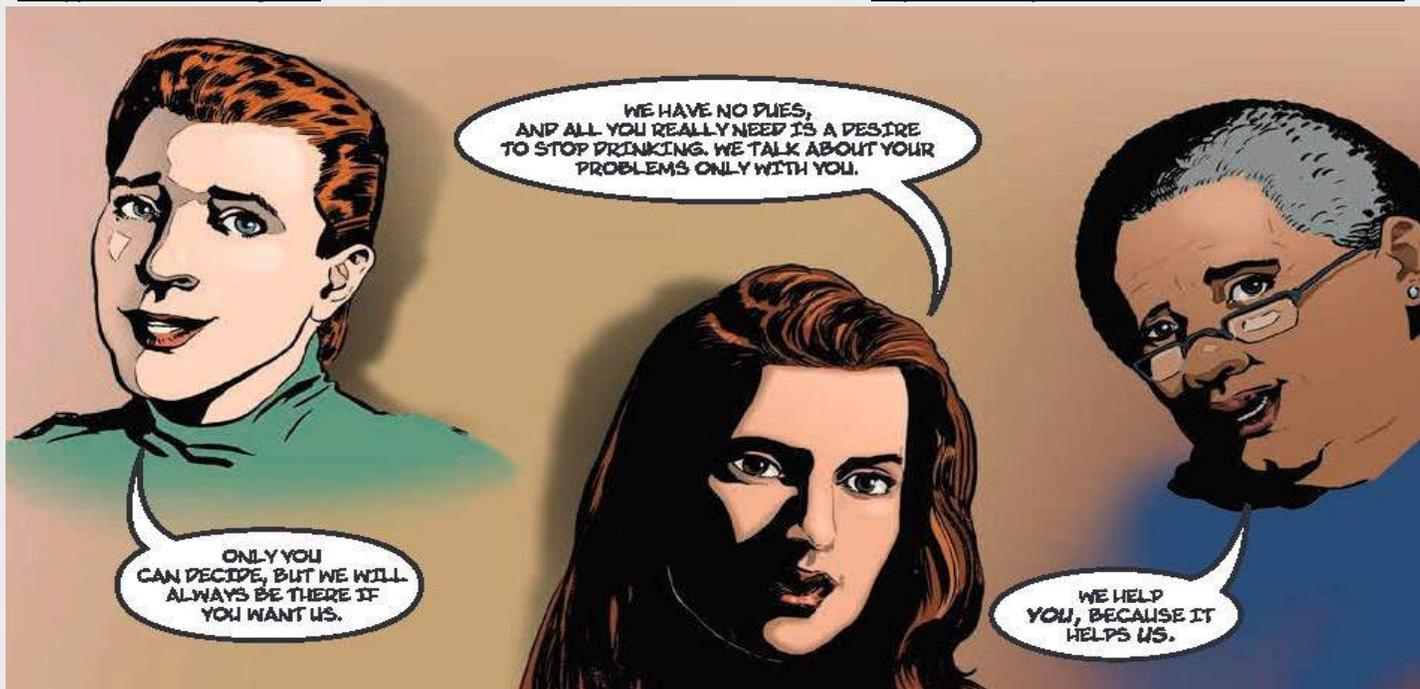
Come join us...

New location, same great format and fellowship

\*\*February 3rd - new meeting start date\*\*

It Happened to Alice, Page 16

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Let's begin District 14 GSR meeting with a moment of silence.



## DISTRICT 14 MONTHLY GSR MEETING!

The regularly scheduled monthly GSR has resumed in-person. Meetings are held at the Greater Milwaukee Central Office at 7429 W Greenfield Ave in West Allis. Meetings start at 7 P.M. on the 4th Wednesday each month. Next meeting September 22<sup>nd</sup>. Please try to attend.

## DISTRICT 34 OPEN SPEAKER MEETING

**New Location:**  
 Unity Lutheran Church  
 Cross of Life Campus  
 20700 W. North Ave.  
 Brookfield, WI. 53045

**In-Person Only**  
 Doors open at 6:30  
 Meeting at 7:00pm

### Hosting Group / Speakers

July 9th, 2022  
 Just Do It Group  
 Steve S. (AA)  
 Julie B. (Alanon)

August 13th, 2022  
 Group 125  
 Maria C. (AA)

September 10th, 2022  
 Monday Night Action  
 TBD (AA)

Consider supporting the "District 34\* Open Meeting" in one of the following ways:

- Share your group message by sponsoring the Open Speaker Meeting
- Contact your group GSR to volunteer
- Attend the District 34 meeting (1<sup>st</sup> Tuesday of each month, 6:30pm, NW Alano Club)
- Get in touch with the Open Meeting Co-Chairs, Michele S. (262-777-1291) or Tim R. (262-719-4389)

\*District 34 is the Northeast corner of Waukesha County



...our primary purpose is to carry the message...

## AA District 27 Round Robin Open Speaker Meeting

Saturday  
 Sept 17, 2022

11:30am: Fellowship  
 12:00pm: Meeting

Host: Grp 51 (Sicker Than Most)  
 Speakers: Dennis O. + Dave M.

12 Step Club  
 4102 W. Townsend St. Milw, Wis. 53216

Snacks Provided  
 Beverages Available At Counter

Download at [www.aamilwaukee.org](http://www.aamilwaukee.org)  
 under Calendar of Events.



Join The Fun  
**AA**  
**SUMMER PICNIC**  
**SEPT 17 DISTRICT 12**  
**SAT @ JACKSON PARK**

**NOON START:** DJ MUSIC, GAMES  
**3PM GRILL OUT:** BRATS, BURGERS, DOGS  
**4:30PM SPEAKERS** AL ANON: TBD  
 AA - NANCY S. WEST ALLIS

PLEASE BRING A DISH:  
 LAST NAMES STARTING W/ A-K: SIDE DISH  
 L-Z: SALAD OR DESSERT

QUESTIONS/VOLUNTEER:  
 Mary T: [mstoth167@gmail.com](mailto:mstoth167@gmail.com) or Sara M: [saram.inc@yahoo.com](mailto:saram.inc@yahoo.com)

**OPEN  
SPEAKER MEETING  
FRIDAY SEPT 2,2022**

**DOORS OPEN 7:30  
MEETING AT 8PM**

**JOIN US FOR FOOD AND  
FELLOWSHIP  
724 N PINE ST  
Burlington WI**

**AA Speaker**

**CHUCK B 41YRS**

**BRING A DISH TO PASS**

**this event is open to friends and family  
of recovering people and the public  
interested in recovery  
SPEAKERS NEEDED!!!!!!**

**for more info call 262 470 9965**

**SWEETCORN ROAST**

**AND**

**OPEN MEETING**

**LABOR DAY SEPT 5,2022**

**AT THE**

**BURLINGTON 12n12 CLUB**

**724 N PINE ST IN BURLINGTON WI**

**MEETING STARTS AT NOON**

**SWEETCORN ROAST TO  
FOLLOW**

**THIS IS A FREE WILL OFFERING EVENT**

**A DISH TO PASS IS APPRECIATED**

**REFRESHMENTS PROVIDED**

**FOR MORE INFO CALL JOE R 262 757 3869**

**JOIN US FOR FUN FOOD AND FELLOWSHIP**



**ANNOUNCING NEW MEETING**

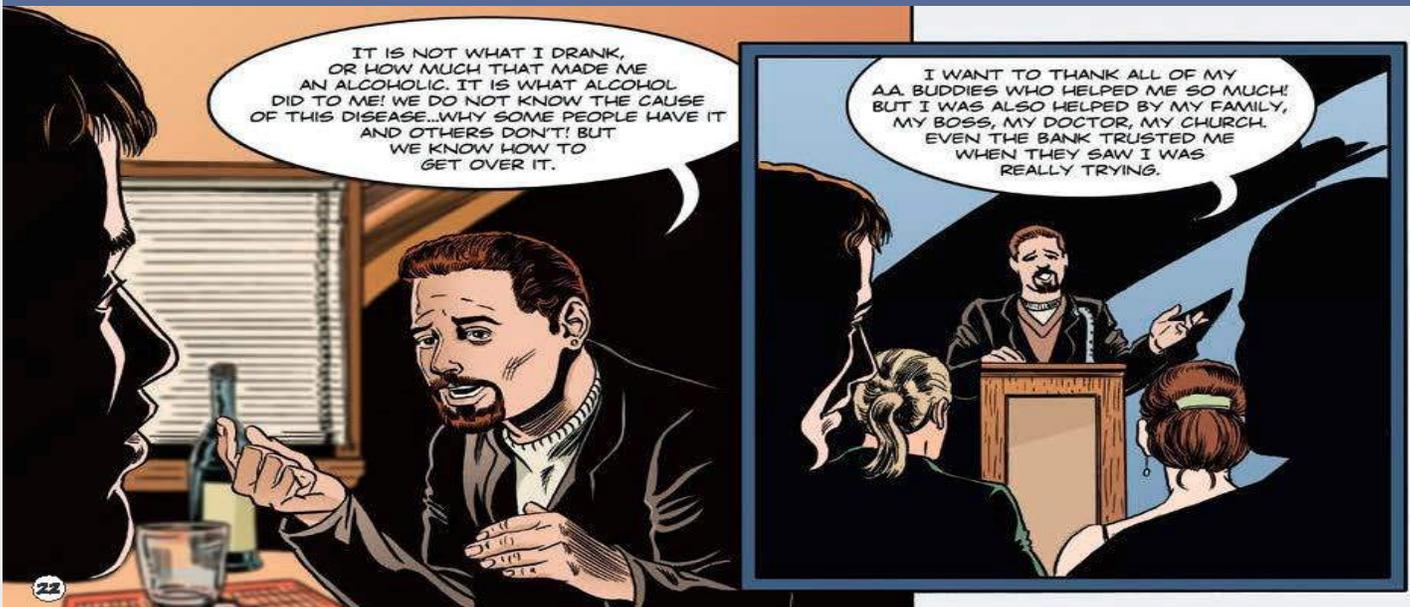
Join Curt and friends for:

**More About Alcoholism: a big book study,  
Wednesdays at 7:00 P.M.**

**12 Step Club, 4102 W Townsend St., Milwaukee WI 53216  
(Second floor meeting rooms)**

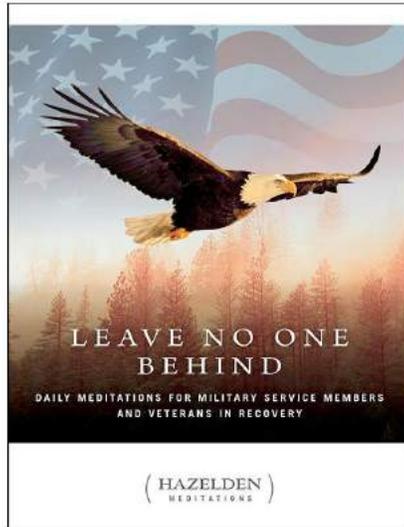
*It Happened to Joe, Page 22*

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## A New Meditation Book Dedicated to Service Members and Veterans

Service members and veterans who are in recovery share their words of healing and hope in daily meditations. These people are in a class of their own—they know what they experienced, they know how their recovery has been affected by their service, they know how to help themselves and they know how to help each other.



\$18.95

• JANUARY 4 •

### *Behind Me*

Weed. Booze. Beer. All of that. I used all of it. Then I came home and they gave me legal drugs. I don't feel at all. Or I feel high. Anything to not think. I don't want to think. Anything to stop my ears from ringing. To relax. To not have to talk to my family. To not have to talk to my buddy's wife. My buddy's gone. I can't look at her.

I don't think I've got PTSD, I think I was just having a tough time. A rough patch. A *really* rough patch.

I was there. Behind. I had been left. I left myself.

I have to want to not be back there. Every day, I have to not want to leave myself behind. I have to suit up and show up. I have to catch up and stay caught up. I have to ask for help. I have to help others. I have to show them how it's done. Because, if I don't, I'll leave myself behind again. It's on me. It's all up to me.

And I'll do it. Because I'm a warrior.

*Today, I'll suit up and show up for everything in front of me. I'm not going to leave myself behind again.*

*Josh O., U.S. Army, 2012-2018*

## AA WORKS Come and get it!

### Area 75 Annual Conference of Alcoholics Anonymous

November 4-6, 2022  
Chula Vista Resort  
Wisconsin Dells

Hosted by District 20

## Area 75 Annual Elections ♥



SATURDAY NOVEMBER 5TH, 2022  
9AM (GRAND BALLROOM)  
CHULA VISTA RESORT  
WISCONSIN DELLS  
REGISTRATION NOT NECESSARY  
FOR ASSEMBLY/ELECTIONS

Delegate  
Alt Delegate  
Chair  
Alt Chair  
Secretary  
Alt Secretary  
Treasurer  
Alt Treasurer

Position Descriptions  
found here:



Questions?  
chair@area75.org

WWW.AREA75.ORG

## Open Meeting

**CAN YOU BELIEVE IT???**  
**Group #15 is going to be 55 Years Old!!!**

**We hope you'll join us because we couldn't  
have done it without you.**

**When: Thursday September 15<sup>th</sup>.**

**Time: 7:00pm.**

**Where: Lutheran Church of the Great  
Spirit  
3127 So. Howell Ave.**

**AA Speaker: JESS P.  
Al-Anon Speaker: SHARI S.**

**As usual we will have the Best Cake in  
town, food, fun and fellowship.**

## Friday Night Couples in Recovery

**We invite you to attend our  
30th Anniversary Open Meeting  
Friday, September 9th, 2022**

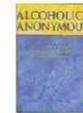
**A meeting where we explore our own  
recovery and how it relates to our  
relationships.**

**Fellowship 7:00 to 7:30 pm**



**Introduction and Speakers: 7:30 to 8:30 pm**

**Speakers: Ruth H. and John H. of Slinger, WI**



St. Pius Church

2520 N. Wauwatosa Ave. (76<sup>th</sup> St.) Just north of North Ave.  
(Enter the building on Wauwatosa Ave. Turn Left & Up the Stairs)

You are welcome to bring a snack to share.

**59TH INTERNATIONAL  
WOMEN'S CONFERENCE  
DALLAS, TEXAS**

**FEBRUARY 16-19, 2023**  
RENAISSANCE HOTEL ADDISON/DALLAS  
[InternationalWomensConference.org](http://InternationalWomensConference.org)

TO JOIN THE VOLUNTEERS OR PROVIDE SILENT AUCTION OR  
SCHOLARSHIP CONTRIBUTIONS, CONTACT:

**VOLUNTEERS**  
✉ [VOLUNTEERS59IWCDALLAS@GMAIL.COM](mailto:VOLUNTEERS59IWCDALLAS@GMAIL.COM)

**FUNDRAISING**  
✉ [FUNDRAISING59IWCDALLAS@GMAIL.COM](mailto:FUNDRAISING59IWCDALLAS@GMAIL.COM)

**GET OUR NEWSLETTER**

*The Language of the Heart will be spoken.* **IWC** INTERNATIONAL  
WOMEN'S  
CONFERENCE

CHAIR, TERRI O: [CHAIR59IWCDALLAS@GMAIL.COM](mailto:CHAIR59IWCDALLAS@GMAIL.COM)



**Fox Point Group 86:  
Reaching Out,  
Join Us on Zoom Monday  
Evenings.**

We are doing a group inventory, looking at ways in which we can be more accessible.

Current members with a wide range of sobriety, join our weekly meetings to discuss topics that impact all people in recovery thus providing a healthy balance for all.

We warmly welcome all genders, sexual preferences, ethnicities, and ages.

We meet on-line with ZOOM Monday Nights at 8:00 and will do so until we resume our "live" meetings at the North Shore Congregational Church in Fox Point.

Stop on by! We open up around 7:45 and begin at 8:00. If you are shy about "Zooming," just come on in and listen. It's Alcoholics Anonymous.

You will find a warm welcome to a lively and amiable group living one day at a time.

<https://zoom.us/j/8700953588>

Meeting ID [8700 953 588](https://zoom.us/j/8700953588) no password but waiting



# AA: WOMEN TO WOMEN FALL 2022

This is a closed AA Meeting

**A Day Of Sharing:  
To Foster The Sharing Of Ideas, Feelings And Issues  
To Create A Safe Atmosphere That Nurtures Honesty And Becoming  
To Explore The Positive Energy Among AA Women**

- 9:00-9:30 Registration/Coffee
- 9:30-9:45 Opening/Announcements
- 9:45-10:30 What's A Defect?
- 10:30-10:45 Break
- 10:45-11:30 When God Seems Far Away, Who Moved?
- 11:30-11:45 Break
- 11:45-12:30 Letting Go Of Secrets
- 12:30 - 1:30 Lunch
- 1:30 - 2:15 Acceptance Is The Key But Willingness Is The Answer
- 2:15-2:30 Closing/Countdown

**Saturday, October 22, 2022  
9:00 a.m. - 2:30 p.m.  
THE PASS IT ON CLUB  
6229 W. Forest Home Ave.  
Milwaukee, WI 53220**

**Registration REQUIRED No Walk-Ins**  
**Limited Seating Available**  
Registration will CLOSE at 150 Women

**\*\*\*\*IMPORTANT NOTICE\*\*\*\***

*NOTE: if you register, but are unable to attend, please let us know. Space is limited and we have to turn women away when the room reaches capacity*

**For more information contact:**  
Cyann 414-745-3543  
Judy B. 614-638-5206

**Deadline: September 28<sup>th</sup> or until full capacity - whichever comes first**  
**Please use a separate form for each person**  
**Registration: \$15.00 (in advance)**  
**Includes: Lunch buffet, Coffee, Doughnuts**

**Please Print:**

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City, State, Zip:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Phone:** \_\_\_\_\_

Okay to leave a message at this number

**Makes checks payable to: Women to Women  
Mail to: Women to Women c/o Judy Beaumier  
10405 W. Manitoba St. West Allis, WI 53227**



# Milwaukee Central Office Fall Fling 2022

## OPEN MEETING

to be held at:

**Milwaukee Elk's Lodge #46  
5555 W Good Hope Rd  
Milwaukee WI 53223**

**Saturday October 29, 2022**

**Hospitality: 5:30 p.m. Buffet Dinner: 6:00 p.m.**

**AA Speaker: T.B.A. 7:30 p.m.**

**Tickets (tables of 8) on sale August 1st.**

**BUFFET DINNER**

Tickets by mail, \$35.00 each. Include a self addressed stamped envelope.

### **Greater Milwaukee Central Office**

7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119

Call or email for more information: [gmco@aamilwaukee.com](mailto:gmco@aamilwaukee.com)

Pay by check or credit card, Visa/MasterCard/Discover, include all necessary information.

Card Number \_\_\_\_\_ Expiration Date \_\_\_\_ / \_\_\_\_

Name \_\_\_\_\_ Phone \_\_\_\_\_ CVC# \_\_\_\_\_

Address \_\_\_\_\_ Zip Code \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Number of tickets \_\_\_\_ X \$35.00 ..... = \$ \_\_\_\_\_

Tax deductible donation to

**Greater Milwaukee Central Office..... + \$ \_\_\_\_\_**

Check or Credit Card Total..... = \$ \_\_\_\_\_

**Cut-off date for tickets Monday October 24, 2022**

**All seating is assigned. If you want to sit with your friends, buy your tickets together.**